

# VISUAL JOURNALING



lawrenceartscenter  
FIND YOURSELF INSIDE

with Traci Bunkers

Thursdays, January 15 - March 5, 2015  
7pm-9pm, 8 weeks \$160 (\$144 for members)



A visual journal combines various aspects of mixed-media, imagery and written word to personally express oneself in a book format. This fun and light-spirited class will initiate you into looking inward for visual, self-expression and is for anyone interested in visual journaling, from beginners to experienced artists. Learn how to combine mixed-media and imagery with text for your own unique visual expression. Mixed-media techniques and journaling exercises will be covered in each class, and the journaling exercises will be different from the previous session. No experience necessary. For more information, visit Traci's website at <http://www.TraciBunkers.com/blog/workshops>



Traci Bunkers is a working artist and author. Her first book, *Print & Stamp Lab*, is on alternative printmaking techniques and tool development. Her second book, *The Art Journal Workshop*, is an in-depth and hands-on approach to visual journaling. And her third book, *Print It!*, is a kid's alternative printing project book. Her visual journal pages and artwork have also been featured in many books and magazines.